

Affirmation for feeling low, for anxiety&worry.

(audio meditation version in the comments or post))

Instead of worrying I choose to envision the greatest outcomes.

**I choose to know, feel and believe that the universe
is already working on solutions on my behalf.**

**I forgive myself for feeling down and I remind
myself all my sense of doom and unworthiness
are just energies I accepted into my mental body, they are not my own truth.**

My past experiences say nothing about me or my potential.

**I forgive myself for believing the images and experiences of fear and failure
my limited human self-created.**

I am not my mind, I am not my emotions.

**I am the rising divine force within that now
opens all doors and accepts all blessings into my life.**

I am no longer a victim of outside forces.

**I am the divine truth of divine glory that now ripples through all areas of my life.
allow all memories and energies that cause imbalance within to fade and disappear**

I am filled with light and unlimited potential.

I embrace, forgive and hold dear all in me that ever felt less than.

**I am the all-encompassing light that shines through
all obstacles, and that protects me every step o the way.**

I am a divine warrior.

I am one with source as it flows through my veins, shines through my every cell.

I am eternal. I am unstoppable.

I AM the warrior.